

To request an information session and/or harm reduction supplies:

EMAIL: [harmreduction@scoinc.mb.ca](mailto:harmreduction@scoinc.mb.ca)

PHONE: 204-946-1869

TOLL FREE: 1-866-876-9701

The Southern Chiefs' Organization represents 34 Anishinaabe and Dakota Nations and more than 83,000 citizens in what is now called southern Manitoba.



## KNOW THE SIGNS OF AN OPIOID OVERDOSE



Blue lips or nails



Dizziness and confusion



Can't be woken up



Choking, gurgling, or snoring sounds



Slow, weak, or no breathing



Drowsiness or difficulty staying awake

## SUSPECT AN OVERDOSE?

CALL 911 or your local emergency number

Administer Narcan/Naloxone, if you have it

Stay with the person until help arrives

**You have the power to save a life! Saving a life is the number one priority during an overdose.**

Even if you've taken drugs or have some on you, the Good Samaritan Law protects you from:

- Simple drug possession charges
- Violations of conditions regarding simple possession in pre-trial release/conditional sentences/probation orders/parole

This law applies to the person who has overdosed, the person who seeks help, and anyone at the scene when help arrives.

## GENERAL INFORMATION ABOUT HARM REDUCTION

The Southern Chiefs' Organization (SCO) Harm Reduction Program aims to help keep our loved ones safe and offer positive change through minimizing harms.

The program provides harm reduction supplies such as fentanyl test strips, nasal Narcan, and safer sex supplies, at no cost.

SCO also has a Harm Reduction Awareness Coordinator who is available to provide education and training to promote destigmatization and raise awareness around the importance of using a harm reduction approach when working with First Nations citizens living with a substance use disorder.

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## HARM REDUCTION: GENERAL INFORMATION

What to do if you suspect an overdose

