

SAFETY

Start low, go slow, and carry Naloxone.
Have a plan in case of drug poisoning.



Find harm reduction resources and supports at
scoinc.mb.ca/harmreduction



WISDOM

Learn how to use harm reduction supplies
to keep you and your community safe.




Find harm reduction resources and supports at
scoinc.mb.ca/harmreduction





CARING

Prevention, testing, and
treatment for HIV and STBIs.



Find harm reduction resources and supports at
scoinc.mb.ca/harmreduction



BRAVERY

Asking for help takes courage.
We'll help you find what you need.




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TRUTH

The only way to know your HIV
and STBBI status is to get tested.



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LOVE

You have a right to compassionate
and culturally safe care.



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