

## Head Office

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# Nurturing Our Knowledge and Resources

Health Transformation News update: May 19<sup>th</sup>, 2022

*From May 17<sup>th</sup> to 19<sup>th</sup> Health Transformation Elders and Knowledge Keepers Committee hosted a Traditional Knowledge Forum at the Turtle Lodge in Sagkeeng. The purpose of the Traditional Knowledge Forum was to discuss the ancestral and traditional knowledge of the Anishinaabe and Dakota Nations and how best to incorporate this knowledge into the new health authority.*

*The forum was held at the Turtle Lodge in Sagkeeng First Nation, a symbolic location which put focus on spiritual, land-based teachings that bring balance to life. Discussions were held on the following topics:*

- 1. Reconnecting to Our Healing and Wellness*
- 2. Renewing Ancestral and Traditional Knowledge*
- 3. Incorporating Language*
- 4. Restore, Reclaim, Revitalize the roles of Women, Girls and 2SLGBTQ+*
- 5. Sharing Community Success Stories*
- 6. Traditional Medicines and Healers*
- 7. Balancing Between Two Worlds*

*Through-out the 2 1/2-day Forum, the main theme that continually surfaced was the need to get back to the ways of our ancestors. The need to invigorate our ancestral and traditional knowledge with the youth and community members is essential to our health and wellbeing. To ensure that our ancestral and traditional knowledge is embedded into this new health authority, it is essential that our community elders provide the guidance and support that is needed for Health Transformation. A great deal of knowledge was shared on how to best to move forward with reconnecting Indigenous people to Indigenous health and there was much hope expressed that even more elders would join future discussions.*

*To connect with our Elders and Knowledge Keepers Committee, please email [health@scoinc.mb.ca](mailto:health@scoinc.mb.ca) or call 204.946.1869. For more information on SCO's Health Transformation process, please visit our [website](#).*

-30-

*The Southern Chiefs' Organization represents 34 Anishinaabe and Dakota Nations and more than 81,500 citizens in what is now called Manitoba. SCO is an independent political organization that protects, preserves, promotes, and enhances First Nations peoples' inherent rights, languages, customs, and traditions through the application and implementation of the spirit and intent of the Treaty-making process.*