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Gimli Getaway

Sharing Stories Along the Journey of Health Transformation

The Health Transformation team gathered in Gimli alongside Community Health Transformation Liaisons and Regional Navigators for Health Transformation's Annual Evaluation and Training Session. We were honored to have Grandmother Gloria Lalman and Shirley Roulette attend the session and offer insight and prayer.

Sharing Journeys

Health Transformation's evaluation used *Your Voices Evaluation* tools provided by Andrea Johnston. Her *Waawiyeyaa Evaluation* tool plots personal journeys through a branch inspired storyboard, while the *Medicine Wheel* tool reflects on the "impressions on your spiritual, mindful, heartfelt, and physical selves," (JRI). The evaluation was led by Health Transformation's Information Governance Coordinator, Matthew Handscombe. Liaisons voiced their frustrations with Covid restrictions and the challenges of in-community visits and engagement, among other things. The stories they shared will guide our next steps through the Health Transformation process.

More Ways of Seeing

On Wednesday, the team was introduced to the concept of *Two-Eyed Seeing*, created by Mi'kmaw Elders Albert and Murdena Marshall from Eskasoni First Nation on Cape Breton Island, Nova Scotia. The session was led by respected Community Health Transformation Liaison, Dennis Boulanger from Berens River.

Two-Eyed seeing centers on being open minded and seeing different perspectives, acknowledging individual strengths for collective benefit. Dennis asked the group to share their stories through a circular model based on Indigenous knowledge. He then led an exercise involving a box in the center of the room, illustrating the impact that including multi-perspectives has on seeing the whole picture.

Ada Chukwudozie, the Senior Advisor for Public Education and Outreach then presented on Public Education in Community. Her presentation focused on getting input from the Liaisons and Regional Navigators on how the new Public Education and Outreach team can best serve the communities of the Southern First Nations.

This year's Annual Evaluation and Training is another step forward in the Health Transformation process, and we would like to thank everyone for participating.