



AVAILABLE TO

MOBILE CRISIS RESPONSE TEAM

The SCO MCRT provides a range of support services in 3 key areas: Prevention, Crisis Response and Continuum of Care promoting Mental Health and Wellness.



WHAT IS THE SCO MOBILE **CRISIS RESPONSE TEAM (MCRT)?**

The MCRT was created at the request of Chiefs and communities to support southern First Nation citizens and communities. The MCRT works in a collaborative way with southern Knowledge Keepers, Elders, and culturally appropriate mental health teams and clinical wellness service providers.

The MCRT's primary focus is crisis response and intervention, and the Team also provides liaison and navigator support services. As qualified mental health professionals, trained in Trauma Informed practice, the MCRT ensures case coordination with a care plan, which is a vital link to a continuum care.

THE MOBILE CRISIS SERVICE **OFFERS THE FOLLOWING:**

- Crisis Intervention
- Mental health and psychosocial assessment
- Telephone consultation and support
- Mental health education, preventative strategies and coping
- Grief and loss, and suicide prevention
- Post-suicide response and aftercare

- · Liaison and referral to resources including addiction support and domestic and family violence support
- · Support to family members and other concerned individuals
- Alternative services including traditional teachings, ceremonies, and land-based healing
- Short term follow-up

CONTACT THE MOBILE CRISIS RESPONSE TEAM

1-877-SCO-2880 (1-877-726-2880) CrisisResponse@scoinc.mb.ca

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