

Non-Insured Health Benefits Navigators (Updated June 2020)

Region	Name	Email	Organization
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Alberta Treaty 7	Kash Shade	kshade@onehealth.ca	Blood Tribe Dept of Health
Alberta Treaty 7	Tessy Big Plume	NIHB@SNTTribalCouncil.org	Stoney Nakoda TsuuT'ina Tribal Council
Alberta Treaty 8	Jackie Alook	Jackie.alook@treaty8.org	Treaty 8 First Nations of Alberta
Atlantic	Mirando Pierro	Miranda.pierro@apcfn.ca	Atlantic Policy Congress of First Nations Chiefs Secretariat
	Jasmine Murchison-Perley	jasmine.perley@wolastoqey.ca	Wolastoqey Tribal Council (NB, PEI)
	Howard Thistle	hthistle@qalipu.ca	Qalipu Mi'kmaq First Nation Band
Manitoba North (MKO)	Bernice Thorassie	bernice.thorassie@mkonorth.com	Manitoba Keewatinowi Okimakanak Inc. (MKO)
Manitoba South (SCO)	Ashley Cochrane	ashley.cochrane@scoinc.mb.ca	Southern Chiefs Organization Inc.
Ontario (North)	Emily King	Emily.King@coo.org	Chiefs of Ontario

Ontario (South)	Miryam Rutledge	miryam.rutledge@coo.org	Chiefs of Ontario
	Jennifer Shisheesh	Jennifer.shisheesh@coo.org	Chiefs of Ontario
Ontario (Sioux Lookout)	Pearl Mamakwa	navigator@shibogama.on.ca	Shibogama Tribal Council
Quebec	Isabelle Verret	isabelle.verret@cssspnql.com	First Nations of Quebec and Labrador Health and Social Services Commission
	Jessie Messier	Jessie.messier@cssspnql.com	<i>(alternate)</i>
Saskatchewan	Cheryl Thomas	cheryl.thomas@fsin.com	Federation of Indigenous Sovereign Nations (FSIN)
	Charmaine Pyakutch	charmaine.pyakutch@fsin.com	<i>(providing support to FSIN Navigator position)</i>
	Lorna Bear	Lorna.bear@mltc.net	Meadow Lake Tribal Council
	Rosanna Gamble	1-306-467-4402	Beardy's and Okemasis First Nation <i>(community funded position)</i>
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